

**Live life fully while you're here,
experience everything!**

At the back of a very successful Italian Prop up event just a while ago. Heart and Soul Events this time around brings you a Day Mixer on the beautiful shores of Mandwa beach.

When was the last time you spent a quiet moment just doing nothing – just sitting and looking at the sea or watching the wind blowing the tree limbs or waves ripping on the shore?

Come join our day Mixer and sit in reverie and watch the changing color of the waves. Let your dreams set sail.

Upcoming Events

EVENT DETAILS:

DATES:

24th February this event is open to singles 25 and above

TIME: 8 am to 5 pm

FEES:

- ***EARLY BIRD RATE:**Rs 2,500/- transport to and fro via Maldaar ferry to mandwa+ breakfast+ brunch (veg and non veg) + tea and coffee
- ***REGULAR RATE:** Rs 2,700/- transport to and fro via Maldaar ferry to mandwa+ breakfast+ brunch (veg and non veg) (+ tea and coffee

* **Early bird rates apply** –if payments are made **before 17th February**

***Regular Rates apply**—if payments are made **17th February onwards**

Please note – All payments need to be realized BEFORE the commencement of the event – by 17th february. No walk-ins or payments at the gate will be entertained.

ATTIRE:

Smart Casual

DEADLINE:

Register by 6th February Make your payment by 17th February at the latest. We would need to buy Ferry tickets, so kindly adheres to the above dates.

SCREENING PROCESS:

All new attendees are required to fill out the registration form and undergo a brief phone interview. The venue and payment details will be disclosed post successfully undergoing the screening process.

Editor's Note

Dear Friends,

It was pleasure to see everyone at the last month's event. This month I am attempting to do something different that I have never attempted before. A day mixer at Mandwa Beach, It will give all you lovely people and occasion to bond and get to know each other even better. I hope you will make it.

In this month's editor note I would like to talk about the nature of choice and relationships. A relationship almost always involves a [choice](#) or is a connection formed by blood. We choose our friends, lovers, and spouses. As adults, we decide how much to interact with our family of origin. [Relationships](#), especially romantic attachments, are transactional. When we make a choice, our partner can choose as well. However, the two decisions may not be the same. We can negotiate, but sometimes negotiation isn't possible. While we may want a romantic [attachment](#) to continue, if our partner has a different idea, the relationship may not survive. We have to formulate our choices without knowing how a relationship will unfold. Every choice affects us and others, often in unexpected ways

Relationships can be caring and nurturing, or exploratory, pleasure-oriented or contentious. Some become permanent; others are transitory. We can create an authentic connection or maintain a superficial one. The nature of choice is complex. It involves selecting one option and leaving others behind. Letting go of possibilities. Choice affects how a relationship evolves and if it will end. Every day, we make decisions in a relationship—when to have dinner, how to handle [anger](#), whether to move to a new city. We make choices for many reasons: with good intentions or because of doubt, convenience, or conviction. We may feel uncomfortable with ambiguity or ambivalence and decide on a safe choice or a risky one. Sometimes our minds are divided; we don't know what to choose. We might be motivated to please ourselves or others. We may attend an event or go on a trip because we want to meet our partner's expectations. Choice often creates the balance of power in a relationship. Choice can cause friction or be a source of strength if partners decide together. What we choose at one moment may not be our decision at another time. Sometimes there are no positive options.

I learned that feelings and people are always in motion. That's why novels and short stories can be compelling to read; they often have a logical trajectory. One of the pleasures of writing is to impose order on characters' lives. Unlike fiction, real life contains ambiguity and ambivalence, which makes choice more complicated. What we think of as choice is often determined by our history and emotions—our fears, needs, and losses. "When an inner situation is not made conscious," Carl Jung said, "it appears outside as fate." Our [unconscious](#) influences us in ways we don't always understand.

When a choice is based in our history and unconscious, the reasons for our decision may not be clear to our partner or even to us. Sometimes we choose with our intellect, other times with our emotions. We may analyze options or decide quickly. Even after we've made a choice, we may feel ambivalence or regret. Choice is risky, and plunges us into the unknown. What seems like a poor decision may turn out to be positive. What seems like the right choice may not always prove to be a [wise](#) one. We can't control the consequences of a decision. This may be the hardest aspect of choice. We may make a well-reasoned [career](#) change and move to a new city with our family, but the impact is unpredictable. The relocation may be more difficult than anticipated or more gratifying than we expected.

It's often in hindsight that we understand the value of a relationship and cost of a choice. Making a choice then is not a simple act. It includes intention, will, strength, [anxiety](#), and even [persuasion](#). A decision can feel liberating or upsetting, stir feelings of exhilaration, freedom, or [fear](#). It can be nurturing or contentious. Or we can feel as if we're forced into choosing. Choice can strengthen a relationship or weaken it. Risk is part of everyone's life. All we can do is make the best choice at the time, based on the data available to us, even though we may not always feel certain about a decision. We need to embrace our choices. Let go of the possibilities. Then we need to keep living. Our lives will change and grow as time moves on.

On that note I look forward to seeing everyone at my Social Day Mixer on 24th February.

Yours sincerely,
Reemma Dalal
Founder
Heart and Soul



Our humble suggestion:

To get the best out of such evenings, please try to focus on the overall experience. Savour each interaction, feel the vibe & try not keeping a count or an account of "how many" you meet or the number of drinks etc. please appreciate we are trying our best to provide you with a one of a kind opportunity to meet, interact & possibly you taking things forward with the right person.

Screening Process: All new Attendees are required to fill out a registration form and undergo brief phone interview. The venue and payment details will be disclosed post successfully undergoing screening process. Please email us at

info@heartandsoulevents.in to get a copy of the registration form. Past attendees don't need to undergo the screening process.

Things to keep in mind before attending our event

- If you are not on the guest list, you won't be let in. This event start post dinner at 9:00 pm and ends at 12:00 midnight. We request you to come on time so that you have a chance to settle in and meet everyone before the music is turned up.
- You must be legally single & NOT in a relationship to join our events.
- At the registration desk, you will need to register & collect your Name Tag.
- The full payment of Rs. 2,200/- will be collected in advance before the event. At the day of the event, no payments will be entertained at the gate.
- We try our best to maintain a balanced ratio of men and women, and request you to inform us in case you have a change of plans.
- Come with an open mind, and put your best foot forward. We will be around to introduce members to each other, however, we encourage you to be proactive too!
- Please be respectful of everyone at the party. We suggest exchanging email / Facebook IDs before phone numbers.
- If someone asks us for your contact information after the event, we will share your email ID with them unless you've specifically asked us not to.
- Please try not to 'hog' anyone's time, and give guests a chance to meet others.
- Please refrain from using the events to promote your business.
- Valet service will be available at the venue. You may try to request the valet to park your car.
- The fee is non-refundable, non-transferable, and cannot be used for a future event.

Testimonial Events and Workshops

Event:

- Lovely event, lovely people
- Great event, lovely venue

Match Making Services

Dear Friends,

We fully understanding that Match Making is the most sensitive phase in the Heart & Soul process & we have taken every little bit of care to ensure that it is smooth, safe & most importantly discrete for your comfort. We at H & S will meticulously only put forward those matches where we feel a 90% > level of compatibility. The most rewarding feeling for us would be when it works out for you. Your joy.

How It Works

Inclusions:

- ✓ I will meet you personally over coffee to understand **your needs & an idea of what you desire in a match.**
- ✓ We will **short-list about 10 to 12 suitable profiles** out of which you will get to physically meet 6 matches (6 people).
- ✓ A 2-hr personalized session on **"TOOLS for EFFECTIVE COMMUNICATION"** with our Communication Specialist.

Commercials:

- ✓ Total Fees for all above inclusions: Rs. 22,500/- to be paid in advance before commencing services. (Rs.22,000 + Rs 500 registration fee)

Things to be kept in mind while signing up:

- ✓ Registration form to be duly filled & signed.
- ✓ Payment Methods:
 - Bank Transfer
 - Details as below: Cheque to be drawn in favor of **"Reemma Dalal"**. Request you to ONLY use either of the payment options. No cash either sent through a courier service or sent via any third party at my residence will be entertained.

The First Meeting: Meet with us over coffee so that we can get to know you, and understand your relationship goals. If a face-to-face meeting is not possible, such as in the case of clients based outside Mumbai, then a phone interview can be arranged.

Procedure:

- We send you the first profile of a potential match based on your preferences.
- Please note that we will need to share some of the information and photographs with clients/potential matches only. We will need your written permission for the same.
- It's really not our business how you decide to handle incurred costs (coffee, lunch or dinner) once you decide to meet your match. We leave such decisions to you and your match.
- **Important:** We will try our absolute best to have the fastest turn-around time, however, please give us ATLEAST a week to a MAXIMUM of 10 days to work on your match/es.
- If you approve of the profile, we will fix a mutually convenient date and time to meet, and do an email introduction so that both parties could take it forward. Please note that for whatever reason you change your mind and do not wish to go ahead with the meeting, it will be still be counted as a match.
- **Reason:** Keeping your needs in mind, we select the best match/es for you. Unless you MEET them in PERSON, you will not get the best idea of compatibility. Request you not to make meeting decisions based on chat or e-mail exchanges you have had with the person.
- **Don't judge a book by its cover:** Just like we strongly recommend that you DO NOT make decisions about meeting or otherwise based on chats or e-mail exchanges, here, we urge you NOT to judge the matches we send by appearance (most people are better in person, anyway).
- Send us your feedback after the meeting, before we send you the next profile.

Disclaimer: Despite our screening process & taking every effort to ensure that we provide you with the best experience, in areas such as financial background, astrological compatibility, family history and other such related aspects, we request you to find out accurate details on your own

Other things to keep in mind:

- The Total Fee is Non-Refundable & Non-Negotiable.
- Fees will differ depending on the Venue.
- The fees are uniform for ALL. No special requests will be entertained.
- The service has been designed as an offering to be able to provide you with a holistic experience. Should you wish to not avail of a particular component of the offering, there will be no reduction in fees.
- Heart & Soul will not be held responsible for any false or misleading information provided by members. Any member intentionally providing false or misleading information will be banned from further participation.
- Heart & Soul is not responsible for what takes place outside of the events or 1-on-1 meetings.
- Our familiarity with our members is limited to information provided on the registration form, and our brief interactions with them, and are by no means character references. We encourage members to take the time to get to know each other before making any commitment.
- If you have a complaint about the behavior of our members during events or 1-on-1 meetings, we encourage you to inform one of our team members.
- The venue

Payment Options

To be disclosed post screening process.

Terms And Conditions

A MUST – NON NEGOTIABLE:

- The Clients and Their Potential Matches Should:
 - Be legally single, not dating anyone exclusively, and open to the possibility of settling down with the right partner.
 - Must ensure that all personal information provided be genuine & any attempt to mislead via false information will result in immediate termination of services & NO REFUND requests will be entertained.
- The Total Fee is Non-Refundable & Non-Negotiable.
- The fees are uniform for ALL. No special requests will be entertained.
- The service has been designed as an offering to be able to provide you with a holistic experience. Should you wish to not avail of a particular component of the offering, there will be no reduction in fees.
- In the event that you wish you discontinue services altogether, fees are non-refundable
- In the event that you are genuinely busy or travelling, we can put your case on hold for a maximum period of 3 months, post which you will have to renew the match making service membership.

